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To: HCSC employees with the HMO plan in New Mexico

Subject line: Register with Babylon now

New Mexico HMO Plan participants, you and your family can now enjoy no-cost health care on demand with a premier health care partner, Babylon.

**Register now**

Visit [www.babylonhealth.com/hcsc](http://www.babylonhealth.com/hcsc) to register you and your family now.

**Find out more**

Visit [www.babylonhealth.com/us/hmonm](http://www.babylonhealth.com/us/hmonm) and learn how to:

- Sign up for no-cost health care on demand
- Add your family
- Use the Babylon app

**Let's do this together**

When 250 people have signed up, all HCSC employees with the HMO plan will receive a special Babylon Wellness From Home Kit.

The Kits are packed with therapy balls, fitness bands and a whole lot of other goodies that will help you stay on top of your health.

Join Babylon now (and spread the word to your colleagues and family!)

**How can Babylon help you and your family**

Your family's health is everything. That's why HCSC and Babylon are providing you and your family no-cost, on demand health care right from your phone. The Babylon app is telemedicine and more. It gives you unlimited access to:

- Video appointments with doctors from your phone, at a time that suits you
- Digital health tools focused on nutrition, activity, mood, and lifestyle

**Find out how healthy you are**

Use Babylon's Healthcheck tool to create a report of your overall current health, and identify risk factors. You can then book an appointment with a doctor to discuss your results.

**Skip waiting rooms, see a doctor right away**

Talk to a doctor from the comfort of your home, at a time that suits you. With unlimited appointments, you can get help with allergies, congestion, cough, fever, flu, rashes, pain, upset stomach, and more.

**Check your symptoms instantly**

Answer a few questions about your symptoms and Babylon's artificial intelligence-powered Symptom Checker will direct you to potential causes and recommended next steps. It can also connect you with a doctor, if you want to see one.

**Why Babylon?**

We continue to look for ways to provide innovative health care solutions and improve care delivery for our employees. That's why we've partnered with Babylon, an innovative digital health company. At its core, Babylon can help you stay healthy and take care of yourself proactively.

**Tell us what you think**

You're part of a select group of HCSC employees to experience the Babylon app first. We hope you'll participate by using the Babylon app and sharing your feedback with us.

Thank you for helping HCSC with this new initiative and for taking the opportunity to use cutting edge technology to get the most out of your health care benefits.