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To: HCSC employees with the HMO plan in New Mexico

Subject line: Coming next week: Health care on demand

New Mexico HMO Plan participants, you're just one week away from getting access to your new employee health care perk.

Starting July 1, you and your family can enjoy health care on demand with Babylon, at no cost as part of your HMO plan.

How can Babylon help you and your family

The Babylon app is telemedicine and more. It gives you and your family unlimited access to doctor appointments and a range of digital health tools focused on nutrition, activity, mood and lifestyle. It helps you stay well, monitor your health and keep you on track. And it's all available on demand, at your fingertips.

Find out how healthy you are

Use Babylon's Healthcheck tool to create a report of your overall current health, and identify risk factors. You can then book an appointment with a doctor to discuss your results.

Skip waiting rooms, see a doctor right away

Talk to a doctor from the comfort of your home, at a time that suits you. With unlimited appointments, you and your family can get help with allergies, congestion, cough, fever, flu, rashes, pain, upset stomach, and more.

Check your symptoms instantly

Feeling off? Answer a few questions about your symptoms and Babylon's artificial intelligence-powered Symptom Checker will direct you to potential causes and recommended next steps. It can also connect you with a doctor, if you choose to go that route.

When can I get started?

On July 1 you'll receive details on how to sign up. When 250 people have registered, all New Mexico HCSC employees with the HMO plan will receive a Wellness From Home Kit packed with physical therapy balls, fitness bands and a whole lot of other goodies to help you and your family stay on top of your health.

So get ready to register, and tell your colleagues and family!

Why Babylon?

We continue to look for ways to provide innovative health care solutions and improve care delivery for our employees. That's why we've partnered with Babylon, an innovative digital health company. At its core, Babylon can help you stay healthy and take care of yourself proactively.

Tell us what you think

You're part of a select group of employees to experience the Babylon app first. We hope you'll participate by using the Babylon app and sharing your feedback with us.